

# Miche

## Nutrition Facts

Serving Size: 1 slice (56g)

Servings Per Container: About 16

### Amount Per Serving

**Calories** 120                      Calories from Fat 5

### % Daily Value\*

**Total Fat** 0.5g                      **1%**

Saturated Fat 0g                      **0%**

*Trans* Fat 0g

**Cholesterol** 0mg                      **0%**

**Sodium** 270mg                      **11%**

**Potassium** 110mg                      **3%**

**Total Carbohydrate** 26g                      **9%**

Dietary Fiber 3g                      **12%**

Sugars 0g

**Protein** 4g                      **8%**

Vitamin A 0%                      •                      Vitamin C 0%

Calcium 2%                      •                      Iron 6%

Thiamin 6%                      •                      Riboflavin 2%

Niacin 6%                      •                      Folate 2%

Phosphorus 8%                      •                      Copper 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium	Less than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g